

**Surrey County Athletics Association**  
**Masters Track and Field Championships Records 2016**

Age Group	Event	Name	Club	Record	Date	Venue
W40	80m H	Sue Burridge	Woking AC	14.7	5/28/1995	Tooting
W45	80mH	Charmaine Johnson	Epsom & Ewell	14.2	5/28/2011	Ewell
W55	80m H	Carina Graham	Woking AC	15.7	5/28/1995	Tooting
W60	80m H	Iris Holder	Woking AC	16.0 (-3.0)	5/26/2001	Kingston
M70	80m H	Gordon Daborn	EVAC	15.4	5/29/2004	Kingston
M75	80mH	Gordon Darborn	VAC	21.6	5/24/2008	Kingston
W35	100m H	Katherine Dale	Guildford & Godalming	17.1 (-0.7)	5/25/2002	Kingston
M50	100m H	Clarence Allen	HHH	14.65	6/1/2014	Ewell
M55	100m H	Maurice Joyce	Kingston & Polytechnic	17.5	5/29/1999	Kingston
M60	100m H	Gordon Daborn	Stevenage & N. Herts	17.9	5/25/1997	Tooting
M35	110m H	Julian Langley	Walton	19.4	5/23/2009	Ewell
M40	110m H	Clarence Allen	Herne Hill H	15.1	5/29/2004	Kingston
M45	110m H	Glen Reddington	WSEH	16.5	5/24/2008	Kingston
W50	300m H	Julie Barclay	Epsom ans Ewell	60.62	6/1/2014	Ewell
M60	300m H	Fred Bush	Haslemere Border	49.16	6/21/2003	Kingston
M60	300m H	Derek Wardle	WSEH	49.2	5/26/2007	Kingston
M65	300m H	David Barrington	Kingston & Polytechnic	56.1	5/26/2007	Kingston
M70	300m H	Gordon Daborn	EVAC	59.3	5/28/2005	Kingston
M75	300mH	Gordon Darborn	VAC	80.1	5/24/2008	Kingston
W35	400m H	Virginia Mitchell	Woking AC	65.8	5/26/2001	Kingston
W35	400m H	Virginia Mitchell	Woking AC	65.8	5/25/2002	Kingston
W40	400m H	Julia Machin	Epsom & Ewell	67.3	6/1/2014	Ewell
W45	400m H	Julia Machin	Epsom & Ewell	67.5	5/6/2016	Ewell
M35	400m H	James Thomas	Woking AC	61.4	5/28/2011	Ewell
M40	400m H	David Moles	Walton AC	61.7	5/9/1999	Kingston
M45	400m H	David Moles	Walton AC	62.1	5/28/2005	Kingston
M50	400m H	David Moles	Walton	64.6	5/23/2009	Ewell
M55	400m H	Fred Bush	Haslemere Border	65.6	5/29/1999	Kingston
W35	100m	Helen Channon	Walton AC	12.6	6/1/2013	Ewell
W40	100m	Kim Valente	Aldershot AFD	13.5	5/6/2016	Ewell
W45	100m	Val Parsons	Woking AC	13.6	5/28/1995	Tooting
W50	100m	Val Parsons	Woking AC	13.7 (+2.9)	5/29/1999	Kingston
W55	100m	Val Parsons	Windsor SE & H	14.0 (+2.5)	5/25/2002	Kingston
W60	100m	Val Parsons	Windsor SE & H	14.4 (-1.0)	5/27/2006	Kingston
W65	100m	Hendricka White	St Marys AC	15.8	5/6/2016	Ewell
W70	100m	Iris Holder	Woking	18	5/28/2011	Ewell
M35	100m	Stuart Channon	Walton AC	11.42	5/6/2016	Ewell
M35	100m	Andrew Gordon	Kingston & Polytechnic	11.6	5/26/2012	Ewell
M40	100m	John Browne	Herne Hill H	11.3	5/25/1997	Tooting
M45	100m	Giuseppe Minetti	Herne Hill H	11.71	7/6/2015	Ewell
M50	100m	Steve Beak	Woking AC	12.11	5/6/2016	Ewell
M50	100m	Robert Fraser	Herne Hill H	12.2 (+0.9)	5/29/1999	Kingston
M55	100m	Geoff Walcott	Hercules Wimbledon	12.4 (-0.5)	5/26/2007	Kingston
M60	100m	Byron Gray	Herne Hill H	12.4	6/1/1996	Tooting
M65	100m	Terry Bissett	Epsom & Ewell H	13.6	5/23/2009	Ewell
M70	100m	Terry Bissett	Epsom & Ewell	14.57	6/1/2014	Ewell
M75	100m	Phil Munn	Sutton & Dist AC	16.7	5/23/1998	Tooting
M80	100m	Phil Munn	Sutton & District	19.53	6/21/2003	Kingston

W35	200m	Susan McLoughlin	Walton AC	25.6	6/1/2013	Ewell
W40	200m	Angela Griffiths	Epsom & Ewell H	27.8	5/29/2004	Kingston
W45	200m	Alison Allcock	Unattached	28.8	5/26/2007	Kingston
W50	200m	Val Parsons	Woking AC	28.3 (+5.0)	5/29/1999	Kingston
W55	200m	Val Parsons	Woking AC	29.1 (-3.2)	5/26/2001	Kingston
W60	200m	Val Parsons	Windsor SE & H	30.2 (-0.7)	5/26/2007	Kingston
W65	200m	Anna Garnier	Thames HH	34.1	5/26/2012	Ewell
M35	200m	Draco Mpka	Kingston & Polytechnic	23.3	5/23/2009	Ewell
M40	200m	John Browne	Herne Hill H	23.3	5/25/1997	Tooting
M45	200m	Giuseppe Minetti	Herne Hill H	23.70	7/6/2015	Ewell
M50	200m	Geoff Walcott	Hercules Wimbledon	24.6 (-0.7))	5/27/2006	Kingston
M55	200m	Terry Bissett	Epsom & Ewell	25.2 (+3.0)	5/29/1999	Kingston
M55	200m	Geoff Walcott	Hercules Wimbledon	25.2 (-0.6)	5/6/2007	Kingston
M60	200m	Byron Gray	Herne Hill H	25.8	6/1/1996	Tooting
M60	200m	Alasdair Ross	WSEH	25.8	5/26/2012	Ewell
M65	200m	Terry Bissett	Epsom & Ewell H	27.1	5/23/2009	Ewell
M70	200m	Terry Bissett	Epsom & Ewell H	29.76	6/1/2014	Ewell
M75	200m	Phil Munn	Sutton & Dist AC	36.0	5/23/1998	Tooting
M80	200m	Phil Munn	Sutton & District	46.03	6/21/2003	Kingston
W35	400m	Laura Pummell	Woking AC	59.5	5/25/1997	Tooting
W40	400m	Diana Norman	Epsom & Ewell H	60.46	5/6/2016	Ewell
W45	400m	Ros Aylett	Walton AC	70.9	5/29/2004	Kingston
W50	400m	Virginia Mitchell	Guildford	63.59	5/6/2016	Ewell
W55	400m	Lesley Parsons	VAC	74.8	5/6/2016	
W60	400m	Liz Sissons	Epsom & Ewell	92.8	5/27/2006	Kingston
W65	400m	Ann Bath	26.2 RRC	1:58.26	6/1/2014	Ewell
M35	400m	James Thomas	Woking AC	51.6	5/26/2012	Ewell
M40	400m	Tony Mitchell	Woking AC	52.2	5/25/1999	Kingston
M45	400m	Kwei Sankofa	Herne Hill H	53.9	5/28/2005	Kingston
M50	400m	K Sankofa	Herne Hill Harriers	53.9	5/28/2011	Ewell
M55	400m	Terry Bissett	Epsom & Ewell H	57.9	5/27/2000	Kingston
M60	400m	Geoffrey Walcott	Hercules Wimbledon	58.9	5/26/2012	Ewell
M65	400m	Derek Wardle	VAC	66.88	6/1/2014	Ewell
M70	400m	Anthony Treacher	SCVAC	01:12.5	5/28/2011	Ewell
M75	400m	Ken Crooke	Croydon H	95.5	5/29/2004	Kingston
M85	400m	Eric Shirley	Hillingdon AC	1:38.45 (BR)	6/1/2014	Ewell
W35	800m	Diana Norman	Epsom & Ewell H	2:17.70	6/1/2014	Ewell
W40	800m	Diana Norman	Epsom & Ewell H	2:16.98	5/6/2016	Ewell
W45	800m	Olia Inka-Price	Woking AC	02:31.2	5/26/2001	Kingston
W50	800m	Lisa Thomas	Hercules Wimbledon AC	2:29.96	7/6/2015	Ewell
W55	800m	Anna Garnier	Hercules Wimbledon	02:43.6	5/29/2010	Ewell
W60	800m	Ros Tabor	Dulwich Runners	02:51.0	5/28/2011	Ewell
W65	800m	Ann Bath	26.2 RRC	4:01.62	6/1/2014	Ewell
M35	800m	Martin Rowe	Croydon H	01:59.9	5/24/2008	Kingston
M40	800m	Ian Wright	Croydon H	02:03.3	6/21/2003	Kingston
M45	800m	Vic Maughn	Herne Hill H	02:08.7	5/26/2007	Kingston
M50	800m	Keith Ewing	Blackheath & Bromley	02:09.4	5/28/2011	Ewell
M55	800m	Derek Wardle	VAC	02:19.0	5/25/2002	Kingston
M60	800m	Richard Somers	Epsom & Ewell H	02:25.9	5/28/2005	Kingston
M65	800m	Peter Giles	Hercules Wimbledon	02:32.2	5/28/2011	Ewell
M70	800m	Peter Giles	Hercules Wimbledon	2:44.63	5/6/2016	Ewell
M75	800m	Brain Shave	Herne Hill H	03:31.1	5/23/2009	Ewell
M80	800m	Harry Tempan	Dorking & Mole Valley	03:15.5	5/24/2008	Kingston
M85	800m	Eric Shirley	Hillingdon AC	3:54.37 (BR)	6/1/2014	Ewell

W35	1500m	Liz Kipling	St Marys Richmond	04:56.0	5/29/2010	Ewell
W40	1500m	Clare Pauzers	Herne Hill H	04:51.5	5/26/2007	Kingston
W45	1500m	Claire Pauzers	Herne Hill H	04:57.9	5/23/2008	Kingston
W50	1500m	Jane Davies	Epsom & Ewell H	05:16.1	5/29/1999	Kingston
W55	1500m	Margaret Auerbach	Ranelagh H	05:27.2	6/21/2003	Kingston
W60	1500m	Ros Tabor	Dulwich Runners	05:58.3	5/29/2010	Ewell
W65	1500m	Ros Tabor	Dulwich Runners	05:50.59	5/6/2016	Ewell
M35	1500m	Kieran White	Hercules Wimbledon	04:18.13	6/1/2014	Ewell
M40	1500m	Barry Attwell	South London H	04:14.4	5/28/1995	Tooting
M45	1500m	Edwin Cooke	Woking AC	04:21.1	5/28/1995	Tooting
M50	1500m	Barry Atwell	South London H	04:33.5	5/26/2007	Kingston
M55	1500m	Michael Mann	Herne Hill H	04:38.2	5/28/2005	Kingston
M60	1500m	Michael Mann	Herne Hill Harriers	05:08.8	5/29/2010	Ewell
M65	1500m	Peter Giles	Hercules Wimbledon	05:20.6	5/28/2011	Ewell
M70	1500m	Peter Giles	Hercules Wimbledon	05:26.18	5/6/2016	Ewell
M75	1500m	Brain Shave	Herne Hill H	06:56.6	5/23/2009	Ewell
M80	1500m	Harry Tempan	Dorking & Mole Valley	06:37.5	5/24/2008	Kingston
W35	3km Walk	Estlé Viljoen	Hercules Wimbledon	15:30.2	5/27/2006	Kingston
W40	3km Walk	Fiona Bishop	Woking AC	17:56.1	5/27/2000	Kingston
W45	3km Walk	Fiona Bishop	Woking AC	17:35.4	5/28/2005	Kingston
W50	3km Walk	Heather Fenton	Surrey WC	18:24.1	5/26/2007	Kingston
W55	3km Walk	Fiona Bishop	Woking AC	19:18.0	6/1/2014	Ewell
W60	3km Walk	Anne Jones	Steyning AC	19:17.78	5/6/2016	Ewell
M40	3km Walk	Peter Hannell	Surrey Walking Club	14:45.8	5/25/1997	Tooting
M45	3km Walk	Mark Easton	Surrey Walking Club	15:05.1	5/28/2011	Ewell
M50	3km Walk	Peter Hannell	Surrey Walking Club	14:45.8	5/24/1997	Tooting
M55	3km Walk	Peter Hannell	Surrey Walking Club	14:34.0	5/27/2000	Kingston
M60	3km Walk	Carl Lawton	Belgrave H	16:09.9	5/23/2009	Ewell
M65	3km Walk	Michael Harran	Herne Hill H	16:47.9	5/27/2006	Kingston
M70	3km Walk	M Harran	Herne Hill Harriers	17:31.3	5/29/2010	Ewell
M75	3km Walk	Micheal Harran	Surrey Walking Club	17:51.1	6/1/2013	Ewell
M80	3km Walk	John May	Surrey Walking Club	23:05.1	5/26/2012	Ewell
M85	3km Walk	Jack Fitzgerald	Sutton	27:23.0	5/24/2008	Kingston
W35	5000m	Clare Pauzers	Herne Hill H	17:53.2	5/25/2002	Kingston
W40	5000m	Janet Ray	Dorking & Mole Valley	18:09.0	5/25/2002	Kingston
W45	5000m	Marilyn Clarke	Herne Hill H	19:06.1	5/27/2000	Kingston
W50	5000m	Jane Davies	Epsom & Ewell H	19:02.8	5/29/1999	Kingston
W55	5000m	Ros Tabor	Dulwich R	20:29.2	5/27/2006	Kingston
W60	5000m	Maggie Statham	Holland Sports AC	20:25.91	6/1/2014	Ewell
W65	5000m	Bridget Cushen	Vets AC	26:37.6	5/27/2006	Kingston
M35	5000m	Justin Macenhill	SoC	16:44.3	5/23/2009	Ewell
M40	5000m	Eric Thomas	South London H	15:26.6	5/23/1998	Tooting
M45	5000m	Barry Broe	Epsom & Ewell H	16:19.1	5/29/1995	Kingston
M50	5000m	Graham Taylor	Dorking & Mole Valley	16:11.7	5/28/1995	Tooting
M55	5000m	Derek Claxton	Herne Hill H	17:16.6	5/28/1995	Tooting
M60	5000m	Steve Badgery	Hercules Wimbledon	17:43.5	8/24/2008	Kingston
M65	5000m	Geoff Newton	Tadworth AC	19:44.0	5/28/2011	Ewell
M70	5000m	Derek Funnell	Epsom & Ewell H	22:59.0	5/23/1998	Kingston
M75	5000m	Brain Shave	Herne Hill H	25:28.9	5/23/2009	Ewell

W35	Hammer	Janet Smith	Windsor Slough & Eton	41.01	5/27/2000	Kingston
W40	Hammer	Camilla Thrush	Kingston & Polytechnic	37.26	5/23/2009	Ewell
W45	Hammer	Vilma Thompson	Bromley Vets	26.50	5/29/1999	Kingston
W50	Hammer	Jenny Piercy	Epsom & Ewell H	32.00	5/26/2007	Kingston
W55	Hammer	Vilma Thompson	Belgrave H	34.03	5/28/2011	Ewell
W60	Hammer	Liz Sissons	Epsom & Ewell H	33.01	5/26/2007	Kingston
W65	Hammer	Liz Sissons	Epsom & Ewell H	29.33	5/28/2011	Ewell
W70	Hammer	Liz Sissons	Epsom & Ewell H	22.82	5/6/2016	Ewell
M35	Hammer	Gavin Cook	Thames Valley H	47.93	5/26/2007	Kingston
M40	Hammer	Mike Small	Belgrave H	44.68	5/27/1995	Tooting
M45	Hammer	Mike Small	Belgrave H	46.54	5/27/2000	Kingston
M50	Hammer	Chris Melliush	Cambridge H	53.80 (BR)	5/28/1995	Tooting
M55	Hammer	Chris Melliush	Cambridge H	50.66	5/27/2000	Kingston
M60	Hammer	Chris Melliush	Cambridge H	47.78	5/26/2007	Kingston
M65	Hammer	Chris Melliush	Cambridge H	44.74	5/29/2010	Ewell
M70	Hammer	John Webster	Hercules Wimbledon	36.15	5/29/2010	Ewell
M75	Hammer	John Webster	Hercules Wimbledon	33.20	7/6/2015	Ewell
M80	Hammer	Cliff Taylor	VAC	29.98	6/1/2013	Ewell
W35	Discus	Camilla Thrush	Kingston & Polytechnic	33.69	5/28/2005	Kingston
W40	Discus	Camilla Thrush	Kingston & Polytechnic	33.04	5/23/2009	Ewell
W45	Discus	Debbie Singleton	Walton AC	26.36	5/27/2006	Kingston
W50	Discus	Debbie Singleton	Walton	26.76	5/23/2009	Ewell
W55	Discus	Vilma Thompson	Belgrave H	28.19	5/28/2011	Ewell
W60	Discus	Vilma Thompson	Belgrave H	23.96	6/1/2013	Ewell
W65	Discus	Liz Sissons	Epsom & Ewell H	22.24	5/28/2011	Ewell
W70	Discus	Liz Sissons	Epsom & Ewell H	18.96	5/6/2016	Ewell
M35	Discus	Peter Mayfield	Belgrave Harriers	33.81	5/28/2011	Ewell
M40	Discus	Leith Marar	Belgrave H	46.68	5/26/2012	Ewell
M45	Discus	Tony Richards	Croydon H	38.16	5/25/1997	Tooting
M50	Discus	Michael Small	WSEH	48.14	5/28/2005	Kingston
M55	Discus	Michael Small	Swindon	43.08	5/23/2009	Ewell
M60	Discus	Michael Ferne	SC Vets AC	42.64	5/24/2008	Kingston
M65	Discus	Patrick Tomney	VAC	38.74	5/29/1999	Kingston
M70	Discus	Ian Briggs	R & SB	31.29	5/29/1999	Kingston
M75	Discus	Ian Briggs	RI & SB	26.73	5/28/2005	Kingston
M80	Discus	Ian Briggs	RSB	19.68	5/23/2009	Ewell
W35	Shot	Diana Norman	Epsom & Ewell H	10.87	6/1/2014	Ewell
W40	Shot	Diana Norman	Epsom & Ewell H	11	5/6/2016	Ewell
W45	Shot	Vilma Thompson	Bromley Vets	9.74	5/29/1999	Kingston
W50	Shot	Vilma Thompson	Belgrave H	10.49	5/29/2004	Kingston
W55	Shot	Vilma Thompson	Belgrave H	10.94	5/29/2010	Ewell
W60	Shot	Vilma Thompson	Belgrave H	10.25	6/1/2013	Ewell
W65	Shot	Liz Sissons	Epsom & Ewell H	9.54	6/1/2013	Ewell
W70	Shot	Liz Sissons	Epsom & Ewell H	8.51	5/6/2016	Ewell
M35	Shot	Mark Leitch	VAC	14.6	5/26/2007	Kingston
M40	Shot	Paul Edwards	Walton AC	15.06	5/29/1999	Kingston
M45	Shot	Bill Fuller	Epsom & Ewell H	13.06	5/25/1997	Tooting
M50	Shot	Michael Small	WSEH	15.08	5/28/2005	Kingston
M55	Shot	Michael Small	Swindon	12.97	5/23/2009	Ewell
M60	Shot	Eric Barker	Croydon H	13.52	6/21/2003	Kingston
M65	Shot	Tony Richards	Croydon H	10.92	5/6/2016	Ewell
M70	Shot	Cliff Taylor	VAC	11.34 (BR)	6/21/2003	Kingston
M75	Shot	Cliff Taylor	VAC	9.46	5/26/2007	Kingston
M80	Shot	Cliff Taylor	VAC	9.61	6/1/2014	Ewell

W35	Javelin	Diana Norman	Epsom & Ewell H	31.87	6/1/2014	Ewell
W40	Javelin	Diana Norman	Epsom & Ewell H	34.1	5/6/2016	Ewell
W45	Javelin	Vilma Thompson	Bromley Vets	29.93	5/29/1999	Kingston
W50	Javelin	Amanda Rowley-Jones	Croydon	19.52	5/26/2012	Ewell
W55	Javelin (500g)	Liz Sissons	Epsom & Ewell H	28.66	5/29/2004	Kingston
W60	Javelin	Liz Sissons	Epsom & Ewell H	27.99	5/28/2005	Kingston
W65	Javelin (400g)	Liz Sissons	Epsom & Ewell H	24.27	5/28/2011	Ewell
W65	Javelin (500g)	Liz Sissons	Epsom & Ewell H	22.41 (BR)	6/1/2014	Ewell
W70	Javelin (500g)	Liz Sissons	Epsom & Ewell H	20.03	5/6/2015	Ewell
M35	Javelin	Mark Leitch	VAC	44.69	5/26/2007	Kingston
M40	Javelin	Jeremy Davis	Walton AC	46.84	5/29/2004	Kingston
M45	Javelin	Kevin Sheppard	Walton AC	55.58	5/28/1995	Tooting
M50	Javelin	Les Hatton	Kingston & Polytechnic	44.62	5/25/2002	Kingston
M55	Javelin	Les Hatton	Kingston & Polytechnic	42.93	5/28/2005	Kingston
M60	Javelin	Kevin Shepard	Walton	38.67	5/23/2009	Ewell
M65	Javelin	John Webster	Hercules Wimbledon	36.37	5/28/2005	Kingston
M70	Javelin	John Webster	Hercules Wimbledon	30.23	5/29/2010	Ewell
M75	Javelin	Gordon Daborn	VAC	25.99	5/24/2008	Kingston
M80	Javelin	Cliff Taylor	VAC	19.40	5/26/2012	Ewell
W35	W/Hammer	Odette McHenry	Kingston & Polytechnic	8.41	5/26/2012	Ewell
W40	W/Hammer	Camilla Thrush	Kingston & Ploy AC	10.34	5/28/2011	Ewell
W55	W/Hammer	Vilma Thompson	Belgrave H	12.03	5/28/2011	Ewell
W60	W/Hammer	Vilma Thompson	Belgrave H	12.71	6/1/2013	Ewell
W65	W/Hammer	Liz Sissons	Epsom & Ewell H	11.49	5/28/2011	Ewell
W70	W/Hammer	Liz Sissons	Epsom & Ewell H	9.02	5/6/2016	Ewell
M35	W/Hammer	Peter Mayfield	Belgrave Harriers	10.62	5/28/2011	Ewell
M40	W/Hammer	Daren Cripps	Hercules Wimbledon	8.28	6/1/2014	Ewell
M45	W/Hammer	Steve Simmonds	KACPH	10.59	5/6/2016	Ewell
M50	W/Hammer	Chris Privett	Belgrave Harries	16.96	6/1/2014	Ewell
M55	W/Hammer	Martin Cassidy	Guildford & Godalming	11.49	6/1/2014	Ewell
M60	W/Hammer	Mike Small	Southampton AC	16.32	6/1/2014	Ewell
M65	W/Hammer	Chris Melliush	Cambridge H	15.47	5/29/2010	Ewell
M70	W/Hammer	Brian Harlick	Epsom & Ewell H	12.03	6/1/2013	Ewell
M75	W/Hammer	John Webster	Hercules Wimbledon	10.04	5/6/2016	Ewell
W35	High Jump	Ayamba Akim	WG&EL	1.72	5/23/2009	Ewell
W40	High Jump	Ayamba Akim	WG&EL	1.75	6/1/2013	Ewell
W45	High Jump	Julia Machin	Epsom & Ewell H	1.55	5/6/2016	Ewell
W50	High Jump	Amanda Rowley-Jones	Croydon	1.25	6/1/2013	Ewell
W55	High Jump	Iris Holder	Woking AC	1.18	5/29/1999	Kingston
M40	High Jump	Peter Roberts	Croydon H	1.61	5/28/2005	Kingston
M45	High Jump	Dave Blunt	Epsom & Ewell H	1.60	5/27/2000	Kingston
M50	High Jump	David Blunt	Epsom & Ewell H	1.55	5/26/2007	Kingston
M50	High Jump	David Blunt	Epsom & Ewell H	1.55	5/24/2008	Kingston
M55	High Jump	David Blunt	Epsom & Ewell H	1.65	5/28/2011	Ewell
M60	High Jump	David Blunt	Epsom & Ewell H	1.40	5/6/2016	Ewell
M65	High Jump	Alf Woods	Epsom & Ewell H	1.20	5/28/1995	Tooting
M65	High Jump	Cliff Taylor	Belgrave H	1.20	5/26/2001	Kingston
M65	High Jump	Brian Harlick	Epsom & Ewell H	1.20	5/26/2007	Kingston
M70	High Jump	Cliff Taylor	Belgrave H	1.20	5/25/2002	Kingston
M75	High Jump	Alf Woods	Epsom & Ewell H	1.05	5/29/2004	Kingston
M80	High Jump	Cliff Taylor	VAC	1.06	5/26/2012	Ewell

W35	Long Jump	Helen Channon	Walton AC	5.37	6/1/2013	Ewell
W40	Long Jump	Diana Norman	Epsom & Ewell H	5.25	5/6/2016	Ewell
W45	Long Jump	Julia Machin	Epsom & Ewell H	5.02	5/6/2016	Ewell
W50	Long Jump	Amanda Rowley-Jones	Croydon	4.04	5/26/2012	Ewell
W55	Long Jump	Iris Holder	Woking AC	4.18	5/27/2000	Kingston
W60	Long Jump	Iris Holder	Woking AC	4.18	5/26/2001	Kingston
W65	Long Jump	Iris Holder	Woking	3.55	5/24/2008	Kingston
M35	Long Jump	Neil Lincoln	Redhill & Surrey Beagles	6.03	5/29/2010	Ewell
M40	Long Jump	John Shepherd	Enfield & Haringey	6.43	5/28/2005	Kingston
M45	Long Jump	Neil Lincoln	Holland Sports	5.95	5/6/2016	Ewell
M50	Long Jump	Dennis Wallington	Blackheath H	5.48	5/27/2000	Kingston
M55	Long Jump	David Barrington	Kingston & Polytechnic	4.47	5/25/1997	Tooting
M60	Long Jump	Frank Haque	Hercules Wimbledon	5.12	5/25/2002	Kingston
M65	Long Jump	Derek Wardle	VAC	4.51	5/26/2012	Ewell
M70	Long Jump	Anthony Treacher	SCVAC	4.02	5/28/2011	Ewell
M75	Long Jump	Allan Long	HHH	4.02	6/1/2014	Ewell
M75	Long Jump	Colin Sheppard	BMH	3.27	5/26/2012	Ewell
W35	Pole Vault	Debbie Singleton	Walton AC	2.30	6/1/1996	Tooting
W35	Pole Vault	Jayne Anderson	Belgrave H	2.30	5/27/2006	Kingston
W40	Pole Vault	Debbie Singleton	Walton AC	2.50	5/29/1999	Kingston
W45	Pole Vault	Kay Trinder	Woking AC	2.40	6/1/2014	Ewell
W50	Pole Vault	Debbie Singleton	Walton	2.30	5/28/2011	Ewell
W55	Pole Vault	Jenny Piercy	Epsom & Ewell H	1.40	5/28/2011	Ewell
W60	Pole Vault	Sue Dassie	Epsom & Ewell H	2.02	5/6/2016	Ewell
M35	Pole Vault	Greg Conlon	Walton AC	4.20	6/1/2014	Ewell
M40	Pole Vault	John Andrews	Epsom & Ewell H	4.00	5/8/2005	Kingston
M45	Pole Vault	John Andrews	Epsom & Ewell H	3.85	5/28/2011	Ewell
M50	Pole Vault	John Andrews	Epsom & Ewell H	3.70	6/1/2014	Ewell
M50	Pole Vault	David Blunt	Epsom & Ewell H	3.40	5/29/2004	Kingston
M50	Pole Vault	Nick Phipps	Woking AC	3.40	5/28/2005	Kingston
M50	Pole Vault	David Blunt	Epsom & Ewell H	3.40	5/24/2008	Kingston
M55	Pole Vault	David Blunt	Epsom & Ewell H	3.50	5/23/2009	Ewell
M60	Pole Vault	David Blunt	Epsom & Ewell H	3.20	6/1/2014	Ewell
M65	Pole Vault	Alf Woods	Epsom & Ewell H	2.90	5/28/1995	Tooting
M70	Pole Vault	Brian Harlick	Epsom & Ewell H	2.40	5/26/2012	Ewell
M75	Pole Vault	Alf Woods	Epsom & Ewell H	2.20	5/29/2004	Kingston
W35	Triple Jump	Diana Norman	Epsom & Ewell H	10.54	6/1/2014	Ewell
W40	Triple Jump	Joanne Regan	Walton AC	9.20	5/29/2010	Ewell
W45	Triple Jump	Julia Machin	Brightin AC	8.73	5/6/2016	Ewell
W50	Triple Jump	Amanda Rowley-Jones	Croydon	9.02	6/1/2014	Ewell
W55	Triple Jump	Carina Graham	Woking AC	8.31	5/28/1995	Tooting
W60	Triple Jump	Linda Harrison	Croydon H	5.45	5/26/2012	Ewell
W65	Triple Jump	Iris Holder	Woking	7.30	5/23/2009	Ewell
M35	Triple Jump	Neil Lincoln	Redhill & Surrey Beagles	12.04	5/25/2010	Ewell
M40	Triple Jump	Neil Lincoln	Holland Sports	12.30	5/26/2012	Ewell
M45	Triple Jump	Akin Oyediran	Herne Hill H	12.98	5/26/2007	Kingston
M50	Triple Jump	John Vernon	Sutton & Dist AC	11.38	6/1/1996	Tooting
M55	Triple Jump	Derek Graves	Fleet & Crookham AC	9.31	5/26/2001	Kingston
M60	Triple Jump	Frank Haque	Hercules Wimbledon	10.03	5/25/2002	Kingston
M65	Triple Jump	Allan Long	Herne Hill H	8.10	5/28/2011	Ewell
M70	Triple Jump	Allan Long	Herne Hill H	8.48	6/1/2014	Ewell
M75	Triple Jump	Denis Philcox	SCVAC	6.59	5/25/1997	Tooting