



**HERNE HILL
HARRIERS**

TOOTING BEC ATHLETICS TRACK
Tooting Bec Road, London SW17 3NP

Under UK ATHLETICS rules

OPEN TRACK & FIELD MEETING
SATURDAY 28 AUGUST 2010

TIMETABLE

12.30	10000M - INCORPORATING SURREY CHAMPIONSHIP	ALL AGE GROUPS (SENIOR & VETS)
	POLE VAULT	ALL AGE GROUPS
	SHOT	SENIOR MEN / U20 MEN / VETERAN MEN
1.30	HURDLES	ALL AGE GROUPS (STARTING WITH SENIOR 110M)
1.40	SHOT	U13 BOYS / U15 BOYS / U17 MEN
	TRIPLE JUMP	SENIOR MEN / U20 MEN / VETERAN MEN
2.00	400M	ALL AGE GROUPS
2.40	100M	ALL AGE GROUPS
	SHOT	SENIOR WOMEN / U20 WOMEN / VETERAN WOMEN
3.45	TRIPLE JUMP	U17 MEN / U15 BOYS SEN / U20 / 17 WOMEN
	HIGH JUMP	ALL AGE GROUPS
4.00	800M	ALL AGE GROUPS
4.25	1500M	ALL AGE GROUPS
4.45	200M	ALL AGE GROUPS
5.30	3000M STEEPLECHASE	SENIOR MEN / VETERAN MEN
5.45	2000M STEEPLECHASE	SENIOR WOMEN / VETERAN WOMEN
***** ELECTRICAL TIMING *****		
ENTRIES ACCEPTED ON THE DAY		£2.00 per event Under 20 and Lower Age Groups £3.00 per event Senior and Veteran

CLUB CHAMPIONSHIPS IN BOLD

**NO ENTRY WILL BE ACCEPTED LATER
THAN 30 MINUTES PRIOR TO AN EVENT!**

For any further information contact
Steve Bosley on **0208 687 0386 / 07721 555 688**
or by email: stevebosley1@aol.com