

# SURREY COUNTY ATHLETIC NEWS

(Issue 35 - May 2003)

## *Bridget Cushen*

Surrey County Athletic Association's newly elected president, Bridget Cushen, has been involved with the sport for approaching 40 years and has served it during that time as both an active athlete and administrator.

In all sorts of ways, throughout her association with athletics, she has been something of a pacemaker and nothing illustrates this more than when, in 1973, she gatecrashed the Harlow marathon in Essex to become the first British woman ever to complete the marathon distance - and that was long before women were officially allowed to race marathons some five years later in 1978. Clearly, the event has moved on significantly with Paula Radcliffe breaking her own world women's marathon record in winning the Flora London race this year.

Even before that, the new president had made her mark on the sport as an active athlete. She was the first British woman ever to run 3000m on the track and that was on the old Tooting Bec cinder surface in 1964. At Crystal Palace on June 19, 1970, she set a British women's 3000m track best of 9min 49.8sec finishing second behind Ireland's Ann O'Brien. At that time, the distance wasn't recognised for official record purposes. Interestingly, her time would have placed her just outside the top 50 in the UK last year, more than 30 years later.

Adding to her statistics, she also has a best 1500m time of 4:39.2, achieved at Crawley in August 1969 and, for three seasons, in the 1960's, she was Surrey women's mile champion, was the first Surrey women's 1500m champion in 1970, and, demonstrating her all-round ability also won the Surrey women's cross country title three times.

Now into her sixties, she is still running and racing. She competed over 1500 and 3000m in last month's European indoor championships in San Sebastian, Spain.

However, she is now heavily involved on the administrative side and her experience in working life as a secretary in the civil service has stood her in good stead.

For some years, she has been secretary of the British Masters, formerly Veterans, Athletics Association. In 1981, she became the women's representative on the World Masters Athletics Association; in 1985, was appointed one of the UK representatives on the IAAF Veterans Committee and then, in 1991, she was appointed the first UK veterans representative on the IAAF, a position she has held ever since.

A few weeks after her election, she hosted the traditional buffet organised each year for the new Surrey president at Belgrave Hall, Denmark Road, Wimbledon Village. The county's thanks go to Derek Crookes for organising the convivial evening.

*Tom Pollak*

### ***Jean Hutcherson***

SCAA regrets to announce the death of Jean Hutcherson. Jean served the Association by chairing the Womens Advisory Committee as assistant secretary and by looking after the womens trophies. Prior to the merger of the former mens and womens associations she served the SCWAAA as their Secretary from 1973 until 1990. She was also the SCWAAA President in 1985.

Jean worked for the BBC and was secretary to David Coleman - a role which meant she travelled to major sports events including several Olympic Games. She will, however, be remembered by many as one of the three ladies (with Win Shepherd and Audrey Bale) who used to sit at the entrance to our track & field championships taking gate money and selling programmes. Jean was, indeed, a woman of many roles.

### ***Arthur Whitehead***

It grieves me to pass on an announcement from Lauriston RC secretary Dave Beard that Arthur Whitehead died in hospital in Kendal on Thursday April 24th just two weeks after his 90th birthday. He suffered a severe stroke a month ago and had been in a coma ever since. It was Arthur's express wish that his death should not be announced until after his cremation which took place today, Friday May 2<sup>nd</sup>.

As many will be aware Arthur has left an enduring legacy to athletics with both the formation of the Lauriston Running Club and his role in the founding of the Road Runners Club and I hope to do him justice with a suitable obituary in the near future.

*Pete Mulholland*

### ***COUNTY MERCHANDISE***

Surrey Tee Shirts - Childrens £4.50 Adults £6.00

Blazer Badges £4.50.

Yellow Polo Shirts £12.00      Black & Yellow Caps £3.50 Ties £5.00

Surrey Sweatshirts with Large or Small Logo £12.00 All sizes.

All the merchandise will be available at County events.

**\*\* NEW \*\*** County Fleeces (black with County badge) £17.00 **\*\***

### ***NEW COUNTY INDOOR RECORD***

Tracey Bloomfield (Guildford & Godalming AC) continued her record-breaking form by setting a new County Indoor Record of 4.05m for the Senior Womens Pole Vault at Bedford on 18<sup>th</sup> January 2003.

## ***INTER-COUNTY EVENTS***

### ***INTER-COUNTIES CROSS-COUNTRY, NOTTINGHAM, 8TH FEBRUARY 2003***

Congratulations to the Under 20 Women who won the team race and to Danielle Christmas (U15-5th); Charlotte Best (U20-9th) and Stephen Blake (U15-9th) who all finished in the top ten places.

Results of the Surrey athletes:-

**Under 13 Boys** (297 finishers) - 65th 11:56 P Humphrey (SLH); 77th 12:00 Phillip Swinburn (Sutt); 98th 12:06 N Farrell (SLH); 111th 12:09 Mark Inkester (Sutt); 136th 12:16 Lewis Denton (Craw); 152nd 12:21 Martin Cousins (AFD); 169th 12:31 Micky Reed (AFD); 234th 12:59 J Pearce ( ). Team Result: 1st Lancashire 97pts; 21st Surrey 351 pts

**Under 13 Girls** (290 finishers) - 109th 13:22 Jo Rowland (Craw); 118th 13:24 Alex Hook (Rane); 131st 13:30 Harriet Owens (K&P); 159th 13:41 Nicola Baddeley (AFD); 161st 13:42 Sophie Cowper (R&SB); 181st 13:50 Rachel Stacey (G&G); 190th 13:54 L Partridge ( ). Team Result: 1st Greater Manchester 72 pts; 29th Surrey 517 pts

**Under 15 Boys** (308 finishers) - 9th 15:57 Stephen Blake (AFD); 50th 16:45 Ollie Ralph (E&E); 54th 16:47 Daniel Sheppard (AFD); 89th 17:03 C Boyle (WSEH); 108th 17:13 Jamie Tucker (Sutt); 142nd 17:28 Alex Bodin (HW); 257th 18:32 D Hooper ( ). Team Result: 1st Essex 33 pts; 9th Surrey 202 pts

**Under 15 Girls** (297 finishers) - 5th 15:54 Danielle Christmas (Craw); 64th 16:58 Sophie Reynolds (AFD); 68th 17:00 Hannah Brooks (Craw); 101st 17:21 Kathryn Mertens (Wok); 161st 17:53 Georgie Bruinvels (DMV); 179th 18:00 Kathryn Whitely (E&E); 187th 18:03 Leeanne Best (Craw); 222nd 18:28 Stacey Holverson (HHH). Team Result: 1st Hampshire 69 pts; 11th Surrey 238 pts

**Under 17 Men** (279 finishers) - 45th 22:12 P Canavan (SLH); 83rd 22:44 M Lloyd (SLH); 92nd 22:48 Matthew Leslie (AFD); 204th 24:19 Craig Price (K&P); 206th 24:21 Robbie Powell (Croy); 234th 25:16 Jamie-Lee Carley (HW); 245th 25:38 Chris Morris (Tiffin Sch). Team Result: 1st Hampshire 73 pts; 24th Surrey 424 pts

**Under 17 Women** (252 finishers) - 32nd 20:17 Sarah Pemberton (E&E); 93rd 21:20 S Fairhead ( ); 98th 21:26 Georgina Furze (AFD); 160th 22:18 Anair Beverly (Rane); 183rd 23:00 Kayleigh Duggan (Craw); 195th 23:22 Jennifer Kent (G&G); 218th 24:09 Siobhan Raggett (AFD). Team Result: 1st Staffordshire 67 pts; 21st Surrey 383 pts

**Under 20 Men** (187 finishers) - 40th 28:25 Phil Wicks (WSEH); 153rd 32:18 Matthew Hall (Croy); 154th 32:20 Matthew Lawrence (Sutt); 159th 32:31 Stevyn Mills (Walt); 177th 33:46 Jack Appleton (Oxted Sch). Team Result: 1st North East 52 pts; 23rd Surrey 506 pts

**Under 20 Women** (128 finishers) - 9th 24:29 Charlotte Best (Craw); 15th 25:00 Lorna Vyse (Wok); 18th 25:10 Megan Gibbs (SLH); 21st 25:21 Genevieve Gardner (G&G); 29th 25:54 Sarah-Jane Pickett (AFD); 43rd 27:03 Alice Beverley (Rane); 69th 28:21 Alice Lethbridge (E&E); 95th 29:15 Helena Robey (G&G). Team Result: **1st Surrey 63 pts**; 2nd Yorkshire 81 pts.

## ***INTER-COUNTY EVENTS***

### ***INTER-COUNTIES CROSS-COUNTRY (continued)***

**Senior Men** (301 finishers) - 32nd 39:42 Jon McCallum (Croy); 63rd 40:25 Kojo Kyreme (SB); 97th 41:17 Andy Weir (TH&H); 121st 41:48 James Harvey (Walt); 170th 42:58 Tim Bedford (AFD). Team Result: 1st Hampshire 237 pts; Surrey did not finish a complete team.

**Senior Women** (297 finishers) - 27th 30:36 Jo Kelsey (Wok); 60th 31:45 Ceri Diss (HHH); 61st 31:45 Kate Jenrick (High); 117th 32:53 Sarah Seal (Rane); 134th 33:05 Sarah Williamson (Walt); 155th 33:33 Megan John (Wimb W); 165th 33:42 Liz Kipling (Rane); 179th 34:04 Susanna Harrison (Wok); 220th 35:17 Susan Spencer-Cusick (SLH). Team Result: 1st Middlesex 224 pts; 12th Surrey 554 pts

### ***INDOOR INTER-COUNTIES, ETON, 23RD FEBRUARY 2003***

Surrey teams dominated this new 6 counties fixture and won all four age groups

#### **U20 MEN**

60m -1st N Martin 7.1; 2nd S Mensah 7.2      60mH - 3rd S Carpenter 9.1  
HJ - A 2nd M Whitehouse 1.90; B 2nd S Carpenter 1.80  
LJ - A 1st B Yeboah 7.19; B 1st E Ewulo 6.72  
TJ - A 1st C May 13.58      SP - A 4th E Ewulo 9.23  
TEAMS: 1 Surrey 79; 2 Dorset 42; 3 Sussex 41; 4 Oxon 39; 5 Wilts 19; 6 Bucks 13.

#### **U17 MEN**

60m - 2 D Davis 7.2; 3 H Aikines 7.2      60H - 1 D Davis 8.4  
HJ - A 1 N Stanisavijevic 2.02; B 1 D Cole 1.90  
LJ - A 3 D Nicholls 5.42      TJ - 1 D Nicholls 12.60  
SP - A 2 A Hoogveld 11.74; B 2 A Montagnani 10.28  
TEAMS: 1 Surrey 81; 2= Dorset & Oxon 49; 4 Sussex 32

#### **U20 WOMEN**

60M - 1 S Hayley 7.7      60H - 1 C Garnett 9.2  
HJ - A 2 C O'Connor 1.65; B 1 C Forrest 1.60      TJ - 1 C Garnett 11.19  
LJ - A 2 R Passley 5.38; B 1 C Garnett 5.26      SP - A 1 C Garnett 8.43  
TEAMS: 1 Surrey 68; 2 Oxon 47; 3 Bucks 44; 4 Sussex 35; 5 Dorset 21

#### **U17 WOMEN**

60m - 2 M Nash-Odei 7.9      60H - 1 L Massingham 9.3; 3 D Blaize 9.6  
HJ - A 1 S Rainford 1.70; B 3 L McManus 1.45  
LJ - A 1 D Blaize 5.40; B 1 R Peckham 5.00      TJ - 1 R Hatch 11.01  
SP - A 2 D Blaize 10.20; B 1 J Kent 8.43  
TEAMS: 1 Surrey 92; 2 Bucks 89; 3 Oxon 44; 4 Sussex 41; 5 Dorset 33; 6 Wilts 21

### ***AAA/UKA/INTER-COUNTY HALF-MARATHON, WILMSLOW, 23RD MARCH 2003***

The Surrey team of Will Cockerell (22nd in 66:48), Al Stewart (23rd in 66:54) and Richard Ward (41st in 70:38) - all Belgrave Harriers - finished third. Both Will and Al took minutes off their previous records and Richard had never run further than 10k before.

*Alan Mead*

## **COUNTY CHAMPIONSHIPS**

### **INDOOR CHAMPIONSHIPS, SUTTON ARENA, MARCH 15TH 2003**

#### **UNDER 13 BOYS**

##### **60M**

1 Kariym Irving	Croy	8.7
2 Tom Porrill	Wav	9.1
3 Adam Wicks	K&P	9.7

##### **Long Jump**

1 Kariym Irving	Croy	4.10
2 Adam Wicks	K&P	4.05
3 Tom Porrill	Wav	3.76

#### **UNDER 13 GIRLS**

##### **60M**

1 Charlotte Cole	Walt	8.5
2 Caroline Stakalls	Sutt	8.8
3 Harriet Lester	K&P	8.9

##### **Long Jump**

1 Harriet Lester	K&P	3.87
2 Rachel Moore	K&P	3.42

#### **UNDER 15 BOYS**

##### **60M**

1 Danny Doyley	Croy	7.3
2 Precious Ojighoro	HHH	7.3
3 Daniel Awolesi	HHH	7.5

##### **60MH**

1 Kieran Edward	E&E	9.1
2 Mathew Field	K&P	9.3
3 Ola Apena	HHH	9.8

##### **HJ**

1 Henry Shiplee	R&T	1.55
2 Kane Ives	HHH	1.50
3 Courtney Codrington	Walt	1.40
3 Alex Jackson	E&E	1.40
3 Ola Apena	HHH	1.40

##### **PV**

1 Michael Robinson	R&T	2.20
LJ		

##### **TJ**

1 Andrew Spring	Selhurst	10.96
2 Mathew Field	K&P	10.87
3 Thomas Fernandez	Croy	9.81

1 Tawanda Mukusha	Croy	6.07
2 Alain Kacau	HHH	5.63
3 James Clement	C'ley	5.24

##### **SP**

1 Kevin Thompson	HHH	11.54
2 Luke Nicklin	K&P	11.30
3 Shivram Samant	HHH	10.29

#### **UNDER 15 GIRLS**

##### **60M**

1 Emily Martin	HW	8.0
2 Amelia Montagnani	HHH	8.1
3 Lushaii Martin	Sutt	8.4

##### **60MH**

1 Harriett Abiss	AFD	9.7
2 Jade Bee	HHH	9.8
3 Vanessa Ward	G&G	9.8

##### **HJ**

1 Anna Smith	B&B	1.40
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##### **LJ**

1 Emily Martin	HW	5.23
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##### **TJ**

1 Serena Brotherton	HW	8.69
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2 Amelia Montagnani	HHH	4.85
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##### **SP**

1 Makeda Quanina	HHH	8.28
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3 Harriet Abiss	AFD	4.46
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NOTE. These results only show the top three in each event. Full results are shown on the county web site at [www.surreyathletics.org.uk/champs](http://www.surreyathletics.org.uk/champs). You can also obtain a printed set of results by sending a stamped self-addressed A5 envelope to Don Turner, 40 Rosedale Road, Stoneleigh, EPSOM, Surrey KT17 2JH.

## **COUNTY CHAMPIONSHIPS**

### **INDOOR CHAMPIONSHIPS (continued)**

#### **UNDER 17 MEN**

##### **60M**

1 Harry Aikines-Aryeety	Sutt	7.0
2 Daniel Davis	Sutt	7.1
3 Ryan Thomas	E&E	7.2

##### **HJ**

1 David Cole	WSEH	1.85
1 Nick Stanisavljevic	Wok	1.85
3 Alex Montagnani	HHH	1.65

##### **SP**

1 Robert Smith	K&P	12.05
2 Nicholas Webb	Wok	11.99
3 Ashley Hooyveld	K&P	11.22

##### **60MH**

1 Ricky Alexis-Smith	Sutt	8.0
2 Daniel Davis	Sutt	8.4

##### **PV**

1 Joe Ives	Croy	3.70
2 Tom Crawford	Croy	3.00

##### **LJ**

1 Dexter Nicholls	HHH	5.97
2 Vaughan McPherson	Sutt	5.29
<b>TJ</b>		
1 Dexter Nicholls	HHH	12.97
2 Daniel Lee	Croy	10.96

#### **UNDER 17 WOMEN**

##### **60M**

1 Joscelyn Hopeson	ArchTenn	7.7
2 Donna Walker	SLH	8.0
3 Dominique Blaize	K&P	8.0

##### **HJ**

1 Charis O'Connor	G&G	1.65
2 Shani Rainford	HHH	1.60
3 Dominique Blaize	K&P	1.55

##### **TJ**

1 Ruth Hatch	E&E	11.14
2 Lana Whatley	K&P	9.76

##### **60MH**

1 Natasha Clementis	E&E	9.0
2 Louise Massingham	Walt	9.3
3 Rachel Peckham	E&E	9.3

##### **PV**

1 Samantha Poulter	E&E	2.40
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##### **LJ**

1 Dominique Blaize	K&P	5.33
2 Ruth Hatch	E&E	5.23
3 Rachel Peckham	E&E	5.12

##### **SP**

1 Isabelle Hatton	K&P	7.87
2 Denise Osei	HHH	7.52

#### **UNDER 20 MEN**

##### **60M**

1 Lawrence Mensah	HHH	7.2
2 Dan Colgate	Wok	7.2
3 Judah Blair	HHH	7.7

##### **LJ**

1 James Heptonstall	K&P	6.17
2 Roy Chambers	Wok	6.14
3 Simon Holmes	E&E	5.69

##### **SP**

1 Kyle Stevens	K&P	15.54
2 Roy Chambers	Wok	10.62

##### **60MH**

1 Simon Holmes	E&E	9.3
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##### **HJ**

1 Michael Whitehouse	G&G	2.00
2 Emeka Maddy	HHH	2.00
3 Daniel Campbell	B'heath	1.85

##### **TJ**

1 Curtis May	HHH	13.42
2 James Heptonstall	K&P	12.70

## ***COUNTY CHAMPIONSHIPS***

### ***INDOOR CHAMPIONSHIPS (continued)***

#### **UNDER 20 WOMEN**

##### **60M**

1 Seandelle Haley	HHH	7.8
2 Sarah Holmes	Wok	8.0
3 Aisha Myton	HHH	8.2

##### **LJ**

1 Emily Parker	E&E	5.78
2 Katherine Soper	Sutt	4.70
3 Catherine Burrows	Sutt	4.65

##### **60MH**

1 Catriona Forest	G&G	9.4
2 Emily Parker	E&E	9.4

##### **HJ**

1 Danielle Fidge	B&B	1.65
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2 Catriona Forrest	G&G	1.60
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##### **PV**

1 Lorna Bayley	Sutt	2.60
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#### **SENIOR MEN**

##### **60M**

1 Josh Wood	Harrow	7.0
2 Gyimah Opoko	HHH	7.4
3 Andrew Gordon	K&P	7.4

##### **60MH**

1 Oliver Carew	unat	9.1
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##### **SP**

1 Nick Owen	K&P	15.92
2 Mike Small	E&E	13.23
3 John Brown	HW	10.04

##### **PV**

1 Cameron Johnston	Croy	4.85
2 Greg Conlon	Croy	4.50
3 Warren White	Croy	4.00

##### **LJ**

1 Oliver Carew	unat	6.36
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2 Ryan Prescod	HHH	6.25
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3 David Wellstead	Belg	6.16
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##### **TJ**

1 David Wellstead	Belg	13.88
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2 Mathew Pullan	E&E	12.63
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3 Joseph Ibe	HHH	11.77
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#### **SENIOR WOMEN**

##### **60M**

1 Helen Pryer	Brack	7.7
2 Helen Williams	Walt	7.8
3 Natalie Brant	E&E	8.3

##### **LJ**

1 Sarah Wellstead	Sutt	5.95
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2 Kimberley Rothman	WSEH	5.76
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3 Helen Williams	Walt	5.09
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##### **PV**

1 Jenny Searle	Belg	2.50
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##### **TJ**

1 Natalie Brant	E&E	11.40
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2 Katryna Euridge	Sutt	10.16
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##### **SP**

1 Joanna Bennett	E&E	13.24
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2 Katryna Euridge	Sutt	9.54
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### ***DEVELOPMENTS***

**Sutton Arena** is now in full use. Our Indoor Championships were held there in March. It is an excellent facility. The site is now a very attractive training venue.

**Kingsmeadow** - the re-laid track has been marked-out. A new pole vault bed has been supplied. Brackets for photo finish equipment have been fitted to the building.

**Guildford** - proposals for a significant upgrade of facilities were not successful. A smaller programme is under way which will provide a single-storey building including a clubroom.

**Tooting Bec & Southwark Park** - Applications have been made for funding to bring these two tracks up to certification standard.

# ***SPORTSHALL***

## **Under 13 / Under 15 / Under 17**

Guildford Spectrum, 2 February 2003

### **U13 BOYS TEAMS**

1 Herne Hill H	470
2 Kingston AC & Poly H	413.5
3 Guildford & G AC	345
4 South London H	314
5 Waverley H	267
6 Belgrave H	258
7 Walton AC	253
8 Epsom & Ewell H	252
9 Kingston & Poly 'B'	225.5
10 Dorking & Mole V	159
11 Epsom & Ewell 'B'	136
12 Haslemere Border	81
13 Herne Hill H 'B'	76

### **U15 BOYS TEAMS**

1 Herne Hill H	278.5
2 Walton AC	243.5
3 Selhurst School*	230
4 Kingston AC & Poly H	225.5
5 Guildford & G AC	81
6 Haslemere Border	32
7 Belgrave H	18

\* composite team

### **U13 BOYS - INDIVIDUALS**

Alex Jackson (E&E)	51
Nathan Flowers (HHH)	51
Stuart Price (K&P)	50
Troy Harris (HHH)	50
Andrew Bonham (G&G)	49
Douglas Dick (K&P)	49
Cassius Wilson (HHH)	48
Thomas Ashby (Belg)	48
Jeremy Kuravilia (Belg)	48
Josh Samuels (HHH)	47

### **U13 GIRLS TEAMS**

1 Herne Hill H	607.5
2 Kingston AC & Poly H	539.5
3 Guildford & G AC	539
4 Dorking & Mole V	443.5
5 South London H	433.5
6 Walton AC	407.5
7 Herne Hill H 'B'	338.5
8 Woking AC	316.5
9 Guildford & G 'B'	311
10 Sutton & District AC	304
11 Herne Hill H 'C'	279
12 Hercules Wimbledon	253
13 Epsom & Ewell H	249.5
14 South London 'B'	238
15 Epsom & Ewell 'B'	146.5
16 Kingston & Poly 'B'	124.5
17 Belgrave H	44

### **U15 GIRLS TEAMS**

1 Herne Hill H	347.5
2 Guildford & G AC	332
3 Kingston AC & Poly H	298
4 Walton AC	262.5
5 Guildford & G 'B'	204.5
6 Epsom & Ewell H	167
7 Belgrave H	156
8 Hercules Wimbledon	153
9 Herne Hill H 'B'	29

### **U13 GIRLS - INDIVIDUALS**

Megan Cook (DMV)	68
Amelia Montagnani (HHH)	68
Vanessa Nakangu (SLH)	67
Amie Turner (E&E)	65
Jade Bee (HHH)	63
Serena Brotherton (HW)	62
Harriet Owens (K&P)	62
Isobel Penny (K&P)	61
Kimberlie le Geyt (Sutt)	61
Jamela Brooks (HHH)	59

## ***SPORTSHALL***

### **Under 13 / Under 15 / Under 17**

Guildford Spectrum, 2 February 2003 (continued)

#### **U15 BOYS - INDIVIDUALS**

Miles Marshall (HHH)	61.5
Kieran Murphy (K&P)	58
Ben Smith (HHH)	57.5
Andrew Spring (Selh/HHH)	55.5
Sahr Momeh (HHH)	53.5
Matthew Cook (Walt)	53
Ryan Meghie (HHH)	51
Rory Peters (Selh/HHH)	50
Joe Bowler (K&P)	48
Ben Rose (Walt)	46

#### **U15 GIRLS - INDIVIDUALS**

Emily Martin (HW)	79
Denise Osei (HHH)	78
Toks Hassan (Belg)	76
Kaylee Price (Walt)	74.5
Sarah Harris (K&P)	71
Yetundi Adewale (HHH)	70
Isabelle Hatton (K&P)	70
Charis O'Connor (G&G)	70
Jade Dodd (HHH)	69
Alex Banner (G&G)	69

#### ***SOUTH-EAST REGION FINAL, Guildford Spectrum 2nd March 2003***

Four County teams took part and they each had a good number of supporters to cheer on the teams. As usual the competition was very enthusiastic with all competitors putting in great effort and determination.

The results were:

#### **U13 GIRLS**

1 Middlesex	576 pts.
2 Surrey	569
3 Kent	559
4 Sussex	413

#### **U13 BOYS**

1 Surrey	620 pts
2 Middlesex	526
3 Sussex	514
4 Kent	456

#### **U15 GIRLS**

1 Surrey	712
2 Kent	592
3 Middlesex	553
4 Sussex	452

#### **U15 BOYS**

1 Surrey	669
2 Kent	645
3 Sussex	568
4 Middlesex	519

#### **U15 INDIVIDUAL RESULTS**

##### **GIRLS**

1 Emily Martin Surrey	148
2 Toks Hassan Surrey	144
3= S.Moriston Middlesex	140
3= Dominique Blaize Surrey	140
3= D. O'Shea Surrey	140

##### **BOYS**

1 Martin Ormerod Kent	142
2 Keiran Murphy Surrey	137
3 Stuart Price Kent	136

The team winners and the U15 individual champions were invited to take part in the Sportshall National Final.

#### ***SARAH-JANE SYKES APPOINTED AS SURREY PADO***

Sarah-Jane Sykes started as Surrey's Partnership Athletics Development Officer on 22 April 2003. She is based at the SSDU in Guildford. Telephone no: 01483 518944

## **SPORTSHALL**

### **Under 13 / Under 15**

#### ***SPORTSHALL NATIONAL FINAL, NIA, BIRMINGHAM, 12 APRIL 2003***

The Sportshall National Final (sponsored as usual by Norwich Union) took place at the NIA at Birmingham on the 12th April. There were 14 regions competing with teams from England, Wales, Scotland and Northern Ireland.

Surrey had 3 teams representing the South east region. The U15 Girls won their group for the fourth successive year beating Essex and County Donegal and had three girls in the top rankings in the individual competition. Dominique Blaize was 3rd. Denise Osai was 4th. and Emily Martin was 5th. and there were only a few points separating the leading group.

The U13 Boys had a good competition to take third place behind Birmingham and Essex.

The U15 boys, who had had several team changes, came 10th in their group.

*Michael Cowlard*

### **RYAN MIGHTY**

After showing the seniors the way home in the recent Kinnaird Trophy 400 metres, with 50.51 in bitterly cold and windy conditions, 16-year-old Ryan Thomas was presented with the R S Hawkes trophy, a previous holder of which was a certain Mark Richardson. If the progress of this Epsom and Ewell Harrier continues at his current rate perhaps his exploits will match those of the man from Windsor.

Rewind back to 2001 when Thomas was one of Britain's most promising long jumpers with silver in the English Schools and a month later AAA under-15 champion with 6.46, a performance that by season end was to prove equal first, alongside Daniel Harris, in the UK rankings. Then came problems. "I enjoyed the event but then knee injuries began to occur so I turned to running," Thomas admitted before adding, "it doesn't hurt when I run," which is good news for the British athletics' scene.

His first championship outing of 2002 over one lap saw him take the Surrey County U17 championship with 50.63 and for good measure the 200m with 23.31. The signs were definitely there. Later that year he placed fifth in the English Schools 400m with 49.70, easily the fastest time of the year by a 15-year-old.

Now, after his 49.45 in January at Birmingham, Thomas finds himself as AAA U17 indoor champion, leading Ian Hodge to say, "He looked raw and ready for huge improvement."

His coach, Keith Vaughan, admits, "Ryan hasn't started his speed work yet for this year. Currently he runs three times a week over a series of hills in Oxshott Woods plus he lifts light weights with plenty of reps."

What next for Thomas who with his potential could be a contender for European Youth Olympic selection? "First comes the Surrey Championships but our main aim for the summer is the English Schools," says Vaughan, "that is what we are concentrating on."

*Pete Mulholland*

## **COACHING**

### **ADDITIONAL LEVEL 1 AND 2 COACHING COURSES IN SURREY**

If you are interested in obtaining your level 1 or 2 coaching qualification we may have the answer:

In addition to the County programme a level 1 and 2 course is being organised for June/July in Surrey, we are simply looking for any athletes that would like to participate.

Supported through The Active Surrey Partnership, a reduced rate could be offered to those that are willing to work on the Athletics Programme.

For further details please call Active Surrey on 01483 518951 or e-mail sarah.williams@surreycc.gov.uk

### **COACHING COURSES IN LONDON & SOUTH-EAST (JUNE-DEC 2003)**

Reg	Date	Course	Venue	Cost
SE	13Jul	Children in Athletics	Horsham	£45
LON	19Jul	Level 1	Sutton	£45
LON	20Jul	Fitness in Running/Walking	Sutton	£45
LON	23/24Aug	Level 2	Twickenham	£100
LON	7Sept	Children in Athletics	Sutton	£45
LON	4/5Oct	Level 2	Haringey	£100
LON	14Oct	Level 1	Haringey	£45
SE	19Oct	Level 1	Ashford	£45
SE	25/26Oct	Level 2	Guildford	£100
LON	29Nov	Level 1	Twickenham	£45
LON	30Nov	Children in Athletics	Twickenham	£45
LON	6Dec	Level 2 Modules Speed / Throws	Twickenham	£20
LON	7Dec	Level 2 Modules Jumps / Endurance	Twickenham	£20
SE	14Dec	Level 1	Guildford	£45

For more information or to book onto these courses please contact Ray Thompson (SE) - 01737 554450 or Chris Bowman (LON) - 07970 544324.

### **COACHING LICENSES**

All UKA coaches should have received their new licences. If you have not received your licence then please contact Ray Thompson - 01737 554450.

### **LEVEL 3 & LEVEL 4 COURSES**

For information on these courses please refer to //www.ukathletics.net (the UK Athletics web site) or telephone Maggie Still on 0121 456 8771.

### **CLUBS VOTE AGAINST UNDER 17 CHANGES**

Surrey clubs were given the opportunity to vote whether they agreed with the UK Athletics rule changes to restrict Under 17 athletes from competing against Seniors. Those clubs voting against had 5177 members whilst those voting in favour had 545 members.

## ***COUNTY DIARY***

Date	Event	Venue
4 May	SCAA Road League (10K)	Sutton
10/11 May	SCAA Track & Field Championships	Kingsmeadow
18 May	SCAA Half-Marathon Championship	Petersham
25/26 May	CAU Inter-County Championships	Bedford
8 June	SCAA 10 Mile Championship + RL	Dorking
14 June	Surrey Schools Track& Field Championships	Kingsmeadow
15 June	Surrey Youth Games	Spectrum, Guildford
21 June	SCAA Vets Track & Field Championships	Kingsmeadow
29 June	SCAA 10K Road Championship + RL	Petersham
13 July	London Youth Games	Crystal Palace
20 July	SCAA Road League (10K)	Elmbridge
27 July	U13 Inter-County	Kingsmeadow
3 August	U17 Inter-County	Hemel Hempstead
10 August	SCAA 5K Road Championship + RL	Wimbledon
16 August	Vets Inter-County	Kingsmeadow
17 August	Senior Inter-County	Abingdon
24 August	U15 & U20 Inter-County	Abingdon
13/14 September	SCAA Combined Events Championships	Crawley
13 September	SCAA Road Relay Championships + RL	Wimbledon Park
20 September	SCAA 10,000M Track Championship	Tooting Bec
5 October	SCAA YA Cross Country Relays	Stoke Park, Guildford
12 October	Sports:Hall U11	Spectrum, Guildford
18 October	SCAA Vets Cross Country Championships	Petersham
November	Sports:Hall U13/U15	Spectrum, Guildford
November	Sports:Hall U11	Crystal Palace
7 December	Sports:Hall U13/U15	Spectrum Guildford

### **2004**

3 January	SCAA Cross-Country Championships	Lloyd Park, Croydon
January	Sports:Hall U11	
8 February	Sports:Hall U13/U15	Spectrum, Guildford
15 February	SCAA Indoor Championships	Sutton
29 February	Sports:Hall U13/U15 Regional Final	Spectrum, Guildford
6 March	Inter-County Cross Country	Nottingham
March	National Sports:Hall Finals	NIA, Birmingham

Closing date for receipt of items for inclusion in August 2003 edition of SCAN is 17 July 2003.

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